

[View this email in your browser](#)

## Welcome!

Our monthly newsletters are intended to inform YOU, as a valuable member of the Project SUN Network. We want to encourage you and equip you to help others to become involved in our efforts to help children flourish.

### This month we are pleased to share:



## Project SUN's Launches Racial Equity Assessment

Addressing equity is paramount to establishing a children's mental health system of care that meets the needs of all youth and their families. Project SUN is undertaking an initiative to understand our different experiences and promote action towards equity and access to children's mental health services in Kankakee County. Project SUN strives to take into account different languages, cultures, races, genders, and economic situations, as well as different needs in the urban, rural, and suburban areas of the county.

### Racial Equity Assessment Community Survey

A first step is to conduct a survey of Kankakee County residents about experiences with racial discrimination, as well as gather other information to help guide future actions to promote racial equity. Racial inequalities and disparities have been well documented. For key facts and figures, [click here](#). Visit our [Cultural Competency Resources](#) page for additional information.

[Click here to complete the Racial Equity Assessment Survey](#)

Please copy and share this survey link with your network. We appreciate if you would notify us about events in the community where we can recruit people to complete this survey in-person. If you would like to distribute paper copies of this survey, please contact us. The survey is available in English and Spanish.

Email [projectsun@cfkrv.org](mailto:projectsun@cfkrv.org) if you are interested in joining our team to plan and/or participate in upcoming equity activities.



Summer break is here! Using this time off to engage children in meaningful **youth enrichment activities** can be an easy way to help them grow self-confidence, resilience, and new friendships. These experiences can be strong protective factors for children's mental health.

Looking to find local arts or recreational programs? [Click here](#) to browse 100+ programs in and around Kankakee County for youth and adults using the **Kan-I Help** online resource database.

## HELP US BUILD A STRONG & UNIFIED NETWORK IN KANKAKEE COUNTY!



### Register For An Upcoming Community Navigator Training

Join Project SUN's team of locally certified System of Care Community Navigators by attending an upcoming training session! This program helps participants learn more about Project SUN and how to assist families in identifying community resources to meet their needs as well as how to navigate the [Kan-I Help](#) online resource directory.

**Click a link below to register:**

- [Fri, Jun 25, 2021, 9:30 - 11:30 AM](#) (7 spots left!)
- [Sat, Jul 31, 2021, 9:30 - 11:30 AM](#)

### Workforce Training Feedback Is Still Needed!

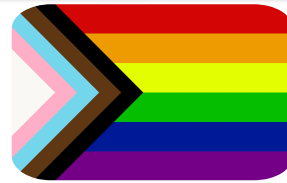
**Project SUN needs your help in identifying local professional development priorities.**

The 2021 Kankakee County Workforce Training Opportunities survey is designed to collect input from mental health professionals, school staff, and community volunteers.

[Click here to complete a 9-minute survey!](#)

## June Marks Pride Month

This is a time to celebrate and learn how to better support, our LGBTQ+ children, friends, and neighbors. In honor of Pride Month, here are a number of helpful resources to explore:



- [Book Recommendations for Parents and Children](#)
- [Black and LGBTQ+: Intersectional Conversations](#)
- [LGBTQ+ Communities and Mental Health](#)
- [How Schools Can Support LGBTQ+ Students](#)

### Helpful Resources for You to Explore

#### FRIENDLY READ - *Less Than 5 Minutes*

- [Youth Mental Health Conversation Starters - Seize the Awkward](#)

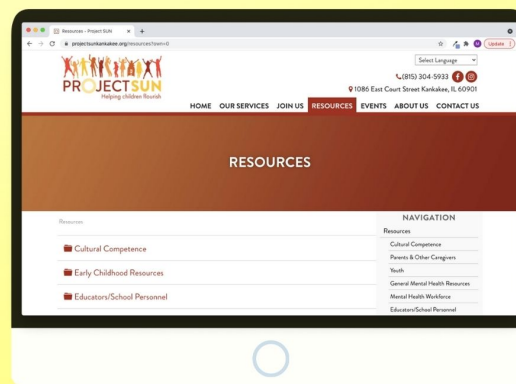
#### REFLECTIVE READ - *More than 5 Minutes*

- [What Is Oppositional Defiant Disorder?](#)

#### CULTURAL COMPETENCE READ

- [Building a Race Equity Culture](#)

**Visit the Resources tab on our website to find helpful articles, videos, past newsletters, and more!**



Copyright © 2021 Project SUN, All rights reserved.

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).